



## **Elman Retina Group**

The Most Compassionate Care In Sight

Dear Patient:

We look forward to welcoming you to our practice. At the Elman Retina Group, you'll receive the most expert and empathetic care possible. We are deeply committed to offering comprehensive, state-of-the-art treatments based on the most current scientific research and technology in a warm, caring, private office setting.

### **What to Expect**

You may find the reception area full of people when you arrive at our office. Please don't worry. Not all of these people are patients. Many of our patients require family or friends to accompany them. Not everyone may be there for the same type of visit and testing. Due to the nature of the retina examination and ancillary testing, please expect to spend about two hours for a typical new patient visit. Follow-up visits generally are briefer. At each visit, you can expect to be given dilating drops. While some people can drive after a dilated eye examination, it is best to have someone else drive you home when possible. Please bring a list of prior surgeries, prescription medications you are taking, and eyeglasses.

### **What is a Retina Specialist?**

A retina specialist is an Eye M.D. primarily trained to deal with the problems affecting the delicate tissues in the back of the eye, such as the macula, retina and vitreous. The retina lines the back of the eye and "takes the picture" for the eye, much like the film in a camera. The retina's center, the macula, is responsible for our fine central vision and allows us to read, recognize faces, and thread a needle. The cavity in front of the retina and filling most of the eye contains the clear vitreous gel. Our retina specialists completed rigorous, specialized fellowship training after their ophthalmology residency. Our doctors are uniquely qualified to diagnose and treat problems in the back of the eye, such as macular degeneration, diabetic retinopathy, and retinal detachment. Dr. Elman, Dr. Schechet, or Dr. Dao will evaluate and treat your retinal problems, collaborating with your referring doctor. Your general ophthalmologist or optometrist will continue to see you for glasses and other non-retina-related eye conditions. Your referring eye doctor and medical doctors will receive complete notes after each office visit to our office.

# Directions to Elman Retina Group Locations:

## Pikesville Office

### Woodholme Medical Building

1838 Greene Tree Road, Suite 170

Baltimore, MD 21208

From Towson and Points North: Take I-695 toward Towson. Take Exit 20, MD-140/Reisterstown Road and yield right off of the exit toward Garrison. (See below)

From South of the I-695 Beltway: From any highway, take the I-695 West exit, toward Towson. Take Exit 20, MD-140/ Reisterstown Road and yield left off of the exit toward Garrison. (See below)

Turn right onto Hooks Lane. Turn left onto Greene Tree Road. Turn left at 2nd entrance for the Woodholme Medical Building. Turn right to enter the parking lot for the "East Entrance."

## Glen Burnie Office

### Quarterfield 100 Medical Building

7671 Quarterfield Road, Suite 100

Glen Burnie, MD 21061

From I-695 Beltway: Take I-695 Beltway South to I-97 South. Merge onto MD-174 East Quarterfield Road via Exit 13 toward Glen Burnie. Continue 0.8 miles and building is on right hand side.

From Annapolis and Points South: Take I-97 North to Exit 13 MD-174 East Quarterfield Road. Turn right onto Quarterfield Road. Continue 0.4 miles and building is on right hand side.

From Washington: Take I-95 North to Rt. 100 East toward Glen Burnie via Exit 43A. Merge onto I-97 South via Exit 13A toward Annapolis/Bay Bridge. Merge onto MD-174 East/Quarterfield Road toward Glen Burnie. Continue 0.8 miles and building is on right hand side.

## Catonsville Office

### Pine Heights Medical Center

1001 Pine Heights Ave, Suite 102

Catonsville, MD 21229

From I-695 Beltway: Take Exit 12C for Wilkens Ave. Turn right onto Wilkens Ave. Turn left onto Southwestern Blvd. Turn right at light for Saint Agnes. Turn right after the parking garage, then left. The building will be on right hand side. **Park in parking lot "i".**

From I-95: Take exit for Caton Ave. Take the Caton Ave N ramp to N Wilkens Ave. Turn left at light into Saint Agnes. Take the second exit at the round about. Turn left before the parking garage, then left again. The building will be on right hand side. **Park in parking lot "i".**

Phone: 410-686-3000 Fax: 443-451-8502

## Franklin Square Office

### Seven Square

9114 Philadelphia Road, Suite 310

Baltimore, MD 21237

From I-695 Beltway: Take I-695 Beltway North to Exit 34, MD Rt. 7, Philadelphia Road. (See below)

From South of the I-695 Beltway: Take I-95 North through the Ft. McHenry Tunnel to I-695 East toward Essex to Exit 34, MD Rt. 7, Philadelphia Road. (See below).

Make a left at the end of the exit ramp onto Philadelphia Road. Continue past Hospital Drive. Seven Square is next complex on left.

## Your appointment has been made with:

Michael J. Elman, M.D.

Sidney Schechet, M.D.

David Dao, M.D.

Office:  Catonsville

Glen Burnie

Pikesville

Rosedale

Appointment Date & Time

Referring Doctor

Patient's Name

Preliminary Diagnosis

Please call us if you have any questions or need special assistance. We look forward to welcoming you to our office.